

Family Dentistry and Dental Specialist Group

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Post-op Instructions for Temporary Crowns

Now that you have a temporary crown please take these precautions:

- Do not chew hard or sticky foods (This may fracture the temporary or pull it off)
- When flossing pull the floss from the cheek side (Not down or up this may pull off the temp)
- If temporary comes off for any reason please come see us right away!!
- This temporary crown is only intended to be there for 3weeks until your permanent (final) crown comes back from the lab for insert. However, in some cases we may need the temporary to stay in place for longer as the doctor recommends. Leaving the temporary in for longer than 6 weeks can make the temporary weak brittle and at higher risk for fracture and it may still have a chance of shifting causing us to re-prepare the tooth.
- If temporary is off for too long the tooth may shift (left or right) or move (up or down) in which case we have to re-prepare the tooth and take a new impression. This temporary crown is only intended to be there for 3weeks until your permanent (final) crown comes back from the lab for insert. However, in some cases we may need the temporary to stay in place for longer as the doctor recommends. Leaving the temporary in for longer than 6 weeks after impression can make the temporary worn, brittle (at higher risk for fracture), and it will shift causing us to re-prepare the tooth. This will add an additional fee.
- If you go without a temporary crown not only can the tooth shift, but the surrounding tissue can grow into the preparation which will prevent the final crown from fitting. Additional procedures may be necessary to remove the tissue.
- Please report if you have any discomfort. It is normal to have sore gums and mild discomfort for more than 2-3days. In some cases we may need to adjust the temporary if it is too high. In some rare cases the nerve may start to become affected and become necrotic or inflamed and may result in additional procedures or adjustments.
- If your gums are bleeding continue brushing. This will help the gums to heal better. Use a soft toothbrush and brush gently in this area.

